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Skin Care Technical Bulletin
How To Use Enfuselle

HOW TO USE

No matter what your skin type, no matter what your skin faces each day, Enfuselle combines signature ingredients and state-of-the art formulation technology to create nourishing formulas that encourage your skin to maintain its natural moisture balance and recapture a younger look and feel.

All it takes is 3 minutes in the morning and 3 minutes in the evening to enjoy the proven benefits of Enfuselle's revolutionary approach to skin care.

Whether your skin is Normal to Oily or Normal to Dry, Enfuselle offers clinically formulated products to meet your skin's particular needs. What's more, Enfuselle's gentle treatments accommodate even the most sensitive skin.



THE SHAKLEE UNCONDITIONAL GUARANTEE

If for any reason a Shaklee product is not satisfactory, return it to your Shaklee Independent Distributor or Shaklee Corporation, for exchange or full refund.

BASIC SYSTEM

3 Steps, 3 Minutes

Step 1 — Cleanse

- Purifying Cleansing Gel — Normal to Oily
- Hydrating Cleansing Lotion — Normal to Dry
- Eye Makeup Remover — All Skin Types
- Gentle Action Cleansing Bar — Normal to Oily

Step 2 — Neutralize

- Purifying Toner — Normal to Oily
- Hydrating Toner — Normal to Dry

Step 3 — Repair

- Time Repair A.M.® SPF 15 — All Skin Types
- C+E Repair P.M.™ — All Skin Types
- Eye Treatment — All Skin Types

and more ...

Optional Moisture

- Hydrating Moisturizer — Normal to Dry
- Balancing Moisturizer — Normal to Oily

Targeted Treatments

- Calming Complex™ — All Skin Types
- Refining Polisher — All Skin Types
- Infusing Mineral Masque — All Skin Types

Sun Care

- SPF 15 For Body — All Skin Types
- SPF 30 For Body — All Skin Types

Cap colors identify products at a glance!

Normal to Oily = GREEN

Normal to Dry = BLUE

All Skin Types = PEWTER

THREE STEPS THREE MINUTES

STEP ONE: CLEANSE

To Remove Eye Makeup

- Saturate a cotton ball with Eye Makeup Remover. Close your eye and gently apply to eyelid.
- Turn cotton ball over and gently wipe across eyelid to remove all traces of cleanser and makeup.
- To remove heavy mascara, use a facial tissue to gently blot lashes between your fingers.

To Wash Face:

- Start by splashing your face with lukewarm water — hot water can strip too much oil from your face and overstimulate sebaceous glands; cold water can “set” oils and makeup and make them tougher to remove.
- Rub a dime- or quarter-sized drop of cleanser between your palms to warm it up — it will spread and absorb dirt better.
- Gently massage the cleanser over your entire face, paying careful attention to oily areas like the nose, chin, and forehead. Use upward and outward strokes; do not scrub. Avoid eye area.
- Rinse with warm water, using a white washcloth or your hands. Treat your skin gently.
- Blot gently with a clean, dry towel.

TIP: Do you start your day with a shower? Keep an extra Enfuselle cleanser handy in the shower stall or tub for morning “Step One” convenience!

STEP TWO: NEUTRALIZE

- IMMEDIATELY after cleansing, saturate a cotton ball with toner and gently smooth over face and neck, using upward and outward strokes.
- Avoid the eye area; do not scrub skin with cotton ball.
- Allow to air-dry naturally — Enfuselle toners have been designed to evaporate quickly without overdrying skin.

STEP THREE: REPAIR

In the MORNING:

FIRST apply Eye Treatment

- Apply a small amount of Eye Treatment to the tip of your ring finger.
- Using a circular motion, lightly pat the skin around your eye, being careful not to tug the skin.

Note: If you wear contact lenses, put them in before applying any Repair product.

DEFINE THE “EYE AREA”?

Draw a circle with your finger: Begin at the top of the nose, right between the eyes, then follow the brow outward and down to the cheekbone, then along the top of your cheekbone back to your nose. Enfuselle EYE MAKEUP REMOVER and EYE TREATMENT have been specifically designed to meet the skin care needs of this delicate area.

NEXT apply Time Repair A.M.® SPF 15

- Use a dime-sized drop of Time Repair A.M. SPF 15 — a little goes a long way!
- With fingertip, dot evenly over face. Avoid the eye area. To extend the benefits of Time Repair A.M. SPF 15, apply to your neck and upper chest area for renewed texture and tone!
- Using upward and outward strokes, gently smooth into skin until completely absorbed.

In the EVENING:

FIRST apply Eye Treatment (see above)

NEXT apply C+E Repair P.M.™

- With fingertip, dot C+E Repair P.M. evenly over face and neck while toner is still wet. Avoid the eye area. A little goes a long way — a pea-sized drop will be adequate for facial application.
- Using upward and outward strokes, massage gently into skin until completely absorbed.

HOW TO USE THE ANTI-AGING SYSTEM

STEP ONE: CLEANSE

At your sink or in the shower!

STEP TWO: REFINING POLISHER OR INFUSING MINERAL MASQUE

How to Use Refining Polisher

- Use at least once a week, more often for oily skins or skin with rough, scaly patches. (In fact, Refining Polisher is gentle enough to use every day!)
- Use in the shower, following the cleanser for your skin type.
- Using a quarter-sized drop of Polisher, massage gently into skin. Avoid the eye area.
- Leave Polisher on face for a few minutes to maximize the humectant's moisturizing benefits.
- Rinse thoroughly.

How to Use Infusing Mineral Masque

- Use at least once a week, more often for oily skins or skin with enlarged pores.
- After cleansing, smooth Infusing Mineral Masque evenly over face and neck. Avoid the eye area.
- Wait 10 minutes.
- Rinse thoroughly.

TIP: Use C+E Repair P.M. immediately after applying Toner while your face is still wet.

*NOTE: Some people experience a mild tingling sensation after applying C+E Repair P.M. This feeling indicates that the pure, derma-available vitamin C is penetrating the skin and beginning to confer its unique benefits. **Using caution, and being sure to avoid the eye area, continue to use the product.** Most people find that their skin adjusts after just a few days and the tingling sensation disappears. If discomfort continues for longer than a week, discontinue use.*

STEP THREE: NEUTRALIZE

STEP FOUR: REPAIR

A.M. in the morning; P.M. in the evening, Eye Treatment twice a day!

STEP FIVE: OPTIONAL MOISTURE

Time Repair A.M.® SPF 15 and C+E Repair P.M.™ are designed to restore your skin's natural moisture balance. If your skin requires additional moisture, follow your Repair step with the Enfuselle moisturizer for your skin type.

A SIMPLE ROUTINE FOR MEN

STEP ONE: CLEANSING AND SHAVING

If you prefer a shaving CREAM — Choose **Gentle Action Cleansing Bar**.

If you prefer a shaving GEL — Choose **Purifying Cleansing Gel**.

STEP TWO: AFTER-SHAVE

If you prefer a BRACING after-shave splash: Choose **Purifying Toner**.

If you prefer a SOOTHING after-shave lotion: Choose **Calming Complex**.

STEP THREE: REPAIR

In the morning — **Time Repair A.M.® SPF 15** protects against the visibly aging effects of time, the sun, and the environment.

In the evening — **C+E Repair P.M.™** boosts skin's firmness and resiliency overnight.

SENSIBLE STRATEGIES FOR SENSITIVE SKIN

For Exceptionally DRY Skin

- Apply **Calming Complex** BEFORE your Repair step.
- Use **Hydrating Moisturizer** AFTER your Repair step.

For Skin That Is ENVIRONMENTALLY STRESSED

- Start by Cleansing and Toning.
- Apply **Calming Complex** to soothe skin after sunburn, wind burn, hot/cold climate shifts, or anything that leaves your skin feeling prickly and craving comfort.
- Continue to soothe your skin with **Repair** treatments and **Optional Moisture** care.

TIP FOR COMBINATION SKIN: Do you have an oily T-zone (forehead, nose, and chin), but still get occasional dry patches on your cheeks? Use Balancing Moisturizer as needed on dry areas only!

NOTE: Using a shaving brush will help create a denser lather to help you "track" as you shave.

REGIMEN FOR EXCEPTIONALLY DRY SKIN:

Step One:

- Cleanse with **Hydrating Cleansing Lotion**.

Step Two:

- Tone with **Hydrating Toner**.

Step Three:

- Apply **Calming Complex** to face and neck, avoiding eye area.
- Follow with **Time Repair A.M. SPF 15 OR C+E Repair P.M.**
- Follow with **Hydrating Moisturizer**.

For Exceptionally SENSITIVE Skin


Dermatologists have found that about 10% percent of all people experience skin sensitivity. Some people even react to plain water on their skin! If you have such skin sensitivities:

- **Test Enfuselle products one at a time** to build the individual system that's right for your skin's special needs.
- **Start by applying each product on a small patch of skin** (the jawline is a good choice) before broadening the application or combining with other products.
- **If you are sensitive to MENTHOL:** test Toners and Infusing Mineral Masque on the jawline before applying to your entire face.
- **If you are allergic to GRASS and have been tested by an allergist for severe grass allergies,** you may be sensitive to the botanicals in Time Repair A.M.® SPF 15. Test on jawline for a few days. If you experience skin irritation or itchy, watery eyes, discontinue use.
- **If you are sensitive to FRAGRANCES:** The Enfuselle products which benefited from including a light fragrance have been extensively tested on an international panel of sensitive people under the supervision of a dermatologist. The Enfuselle products which contain hypoallergenic fragrances are: Purifying Cleansing Gel, Hydrating Cleansing Lotion, Gentle Action Cleansing Bar, Purifying Toner, Balancing Toner, Balancing Moisturizer, and Hydrating Moisturizer. All other products are fragrance-free.

READ MORE ABOUT IT!

For more information about Enfuselle, products, check out the other Skin Care Technical Bulletins available on the Enfuselle CD-ROM:

- #1 Introduction
- #3 Cleansing
- #4 Neutralizing
- #5 Repair
- #6 Optional Moisturizing
- #7 Targeted Treatments
- #8 Sun Care
- #9 Men's Skin Care



For more information, call your
Shaklee Independent Distributor.
To order, call 1-800-VITA LEA (1-800-848-2532).

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