

Cinch™ 3-In-1 Boost™ Plus Two Cinch™ Shakes Per Day Provide Your Daily Nutrients

Key Takeaway: Cinch 3-in-1 Boost plus two Cinch Shakes per day, mixed in non-fat milk, provide all your daily nutrients, plus targeted ingredients to support weight loss, including clinically tested levels of ECGC, shown to boost calorie burning*; and banaba leaf, vanadium and chromium to help retain normal blood sugar levels*. When you combine the Shake and the Boost you get a program powered by Leucine™ to help preserve muscle while you lose weight*.

Cinch 3-in-1 Boost			Cinch 3-in-1 Boost and Two Cinch Shakes Mixed in Nonfat Milk			Vita-Lea® with Iron		
NUTRIENT	AMOUNT PER SERVING	% DV**	NUTRIENT	AMOUNT PER SERVING	% DV**	NUTRIENT	AMOUNT PER SERVING	% DV**
Vitamin A (100% as beta carotene)	2500 IU	50%	Vitamin A (56% as beta carotene and 44% as Vitamin A palmitate)	4500 IU	90%	Vitamin A (50% as beta carotene and 50% as Vitamin A acetate)	5000 IU	100%
Vitamin C (as ascorbic acid)	39 mg	65%	Vitamin C (as ascorbic acid)	81 mg	135%	Vitamin C (as ascorbic acid)	120 mg	200%
Vitamin D (as cholecalciferol)	260 IU	65%	Vitamin D (as cholecalciferol)	740 IU	185%	Vitamin D (as cholecalciferol)	400 IU	100%
Vitamin E (as d-α-tocopheryl acid succinate)	19.5 IU	65%	Vitamin E (as d-α-tocopheryl acid succinate and d-α-tocopheryl acetate)	40.5 IU	135%	Vitamin E (as d-α-tocopheryl acid succinate)	60 IU	200%
Vitamin K (as phytonadione)	52 mcg	65%	Vitamin K (as phytonadione)	52 mcg	65%	Vitamin K (as phytonadione)	80 mcg	100%
Thiamin (as thiamine mononitrate)	0.98 mg	65%	Thiamin (as thiamine mononitrate)	2.18 mg	145%	Thiamin (as thiamine mononitrate)	1.5 mcg	100%
Riboflavin	1.1 mg	65%	Riboflavin	3.14 mg	185%	Riboflavin	1.7 mg	100%
Niacin (as niacinamide)	13 mg	65%	Niacin (as niacinamide)	27 mg	135%	Niacin (as niacinamide)	20 mg	100%
Vitamin B ₆ (as pyridoxine hydrochloride)	1.3 mg	65%	Vitamin B ₆ (as pyridoxine hydrochloride)	2.9 mg	145%	Vitamin B ₆ (as pyridoxine hydrochloride)	2 mg	100%
Folate (as folic acid)	260 mcg	65%	Folate (as folic acid)	580 mcg	145%	Folate (as folic acid)	400 mcg	100%
Vitamin B ₁₂ (as cyanocobalamin)	3.9 mcg	65%	Vitamin B ₁₂ (as cyanocobalamin)	9.9 mcg	165%	Vitamin B ₁₂ (as cyanocobalamin)	6 mcg	100%
Biotin (as d-biotin)	195 mcg	65%	Biotin (as d-biotin)	405 mcg	135%	Biotin (as d-biotin)	300 mcg	100%
Pantothenic Acid (as d-calcium pantothenate)	6.5 mg	65%	Pantothenic Acid (as d-calcium pantothenate)	15.5 mg	155%	Pantothenic Acid (as d-calcium pantothenate)	10 mg	100%
Calcium (as dicalcium phosphate)	300 mg	30%	Calcium (as dicalcium phosphate)	1500 mg	150%	Calcium (as dicalcium phosphate)	450 mg	45%
Iron	0 mg	0%	Iron (as ferrous fumarate)	9 mg	50%	Iron (as ferrous fumarate)	18 mg	100%
Phosphorus (as dicalcium phosphate)	300 mg	30%	Phosphorus (as dicalcium phosphate)	1500 mg	150%	Phosphorus (as dicalcium phosphate)	350 mg	35%
Iodine (as potassium iodide and sea kelp)	98 mcg	65%	Iodine (as potassium iodide and sea kelp)	203 mcg	135%	Iodine (as potassium iodide and sea kelp)	150 mcg	100%
Magnesium (as magnesium oxide)	120 mg	30%	Magnesium (as magnesium oxide)	440 mg	110%	Magnesium (as magnesium oxide)	200 mg	50%
Zinc (as zinc gluconate)	9.75 mg	65%	Zinc (as zinc gluconate and zinc oxide)	21.75 mg	145%	Zinc (as zinc gluconate)	15 mg	100%
Selenium (as trace mineral protein hydrolysate)	45.5 mcg	65%	Selenium (as trace mineral protein hydrolysate and selenium yeast)	108.5 mcg	155%	Selenium (as trace mineral protein hydrolysate)	70 mcg	100%
Copper (as copper gluconate)	1.3 mg	65%	Copper (as copper gluconate)	2.7 mg	135%	Copper (as copper gluconate)	2 mg	100%
Manganese (as manganese gluconate)	1.3 mg	65%	Manganese (as manganese gluconate and manganese sulfate)	2.7 mg	135%	Manganese (as manganese gluconate)	2 mg	100%

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Cinch 3-in-1 Boost			Vita-Lea® with Iron					
NUTRIENT	AMOUNT PER SERVING	% DV**	NUTRIENT	AMOUNT PER SERVING	% DV**	NUTRIENT	AMOUNT PER SERVING	% DV**
Chromium (as chromium nicotinate and trace mineral protein hydrolysate)	400 mcg	333%	Chromium (as chromium nicotinate and trace mineral protein hydrolysate)	592 mcg	493%	Chromium (as trace mineral protein hydrolysate)	120 mcg	100%
Molybdenum (as trace mineral protein hydrolysate)	49 mcg	65%	Molybdenum (as trace mineral protein hydrolysate and molybdenum yeast)	101.5 mcg	135%	Molybdenum (as trace mineral protein hydrolysate)	75 mcg	100%
Sodium	5 mg	<1%	Sodium	965 mg	40%	Sodium	5 mg	<1%
Nickel (as trace mineral protein hydrolysate)	10 mcg	†	Nickel (as trace mineral protein hydrolysate)	10 mcg	†	Nickel (as trace mineral protein hydrolysate)	15 mcg	†
Tin (as trace mineral protein hydrolysate)	6.5 mcg	†	Tin (as trace mineral protein hydrolysate)	6.5 mcg	†	Tin (as trace mineral protein hydrolysate)	10 mcg	†
Vanadium (as vanadium amino acid chelate and trace mineral protein hydrolysate)	100 mcg	†	Vanadium (as vanadium amino acid chelate and trace mineral protein hydrolysate)	100 mcg	†	Vanadium (as trace mineral protein hydrolysate)	20 mcg	†
Boron (as trace mineral protein hydrolysate)	0.65 mg	†	Boron (as trace mineral protein hydrolysate)	0.650 mg	†	Boron (as trace mineral protein hydrolysate)	1 mg	†
Silicon (as silicon dioxide)	2 mg	†	Silicon (as silicon dioxide)	2 mg	†	Silicon (as silicon dioxide)	2 mg	†
Banaba Leaf Extract (<i>Lagerstroemia speciosa</i>) Standardized to contain 1% corosolic acid	32 mg	†	Banaba Leaf Extract (<i>Lagerstroemia speciosa</i>) Standardized to contain 1% corosolic acid	32 mg	†			
Cinch™ Boost Proprietary Thermogenic Blend Green Tea Extract (<i>Camellia sinensis</i>) (leaf) (Standardized to contain 270 mg of EGCG), Evodia Extract (<i>Evodia</i>) (fruit), Purple Corn Extract (<i>Zea mays</i>) (seed)	600 mg	†	Cinch™ Boost Proprietary Thermogenic Blend Green Tea Extract (<i>Camellia sinensis</i>) (leaf) (Standardized to contain 270mg of EGCG), Evodia Extract (<i>Evodia</i>) (fruit), Purple Corn Extract (<i>Zea mays</i>) (seed)	600 mg	†			
			Powered by Leucine	✓				

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

** Percent Daily Values (DV) are based on a 2,000 calorie diet.

† Daily Value not established.